

Freedom 10K Run on Nov 27,  
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# Freedom 10K Run on Nov 27

**Hyderabad:** Hyderabad 10K Run Foundation will conduct the Freedom 10K Run 2016 on November 27. The logo for the event, which is designed to promote running as a primary form of fitness, was unveiled here on Thursday. The Run in which more than 10000 are expected to participate is one of the first running events in the city which was launched 13 years ago. The event will kick off at Peoples Plaza, Necklace Road and will end at the same spot with the participants encircling the picturesque Hussain Sagar Lake.

Disclosing the details here race director Murali Nannapaneni said, "Freedom 10K Run is designed to celebrate the spirit of Hyderabad and promote running as a primary form of fitness along with a healthy life. The race will have three primary categories\_ The Elite 10K Run, Open 10K Run and Open 5K Run. While the Elite Run is open to professionals, who have complete the 10 kilometres in 36 minutes (men) and 45 minutes (women) in the last one year".

Each runner will also be provided with a goodie bag as per the category of participation the day before the event. TNN